

Gopi Birla Memorial School

Year Plan 2023 – 2024

Subject: Physical Education

Standard: VI

Sr. No.	Month	Activity	Venue	Equipment
1	April	Stand At - ease, Attention, Kho- Kho, Hopping	Terrace, Hall	As per the requirement
2	June	Right Turn, Left Turn and About Turn, Throw ball	Hall, Terrace	None Throw ball
3	July	Chess Hopping	Class Room, Hall, Terrace	Chess Board & Chess Pieces None
4	August	Throw ball Chess	Class Room, Hall, Terrace	Throw ball Chess Board & Chess Pieces
5	September	Throw ball Carrom	Terrace Cateen, Hall,	Throw ball Carrom Board, Carrom Strikers & Cattom Pieces
6	October	P.E. Practical Exam (First Term)	Terrace Cateen, Hall,	As per the requirement
7	November	Dodage Ball Kho - Kho	Terrace Terrace	Dodage ball Ground Marking Chalk
8	December	Mark Time (March Pass) Recreation Game	Terrace Terrace	None As per the requirement
9	January	Sports Day Practice	Terrace	As per the requirement
10	February	P.E. Practical Exam (Second Term)	Terrace	As per the requirement
11	March	P.E. Practical Exam (Second Term)	Terrace	As per the requirement